

CARE FOR THE YOUNG PEOPLE.

Handicap.—This game is one of the liveliest and most interesting pastimes that can be imagined. It may be played by any number of persons from four to ten. One of the players is selected as the "Huntsman" and the others are called "hares". The game is played on a large sheet of paper, which is divided into squares. The Huntsman starts by calling out the name of a hare, and the hare must move to the square of the same name. The Huntsman then calls out another name, and the hare must move to that square. The game continues until the Huntsman catches the hare.

How to make good white wash.

Take of good washed lime, one bushel, slake with warm water (rain water is best) in a forty-gallon barrel. Keep covered while slaking. Use just enough water to make dry. Let the lime stand four or five hours to insure its being well slaked. If it is necessary to have a good quantity made, the slaked lime should be sifted through a moderately fine sieve; it is not material about sifting. To the lime thus prepared, add enough water to fill the barrel. Then add the gallons of four or six, but one quart of glue to make it run smoothly. Four pounds of white wash, hot, to make it stick. The four stanch will also have the same effect. Some use salt, but it is not recommended. We would not advise using any other kind of glue. The white wash as above, fill your barrel with water, cold or hot, and you will have a wash that will stand quite as well for years. To color this, or make it more adhesive, mix with it some of the following: for blue, indigo; for red, vermilion; for yellow, gamboge; for green, malachite; for black, lampblack. If the wash gets too thick, make this with water. After the glue is dissolved, the mixture will be thick, if it is covered with water, and not allowed to become hard.

CURE FOR RHEUMATISM.

We copy the following receipts from the Sunday Dispatch, of this city. We do not, as a general thing, publish medical receipts, nor do we advise any one to try them without first consulting their physician; but if anything will benefit the ailments of mankind, we are willing to print it, only adding, consult your doctor first. The extract is from a letter dated at Sharon Springs. "It is impossible to see so many rheumatism patients on their way to the bathing-house. Some go along with the aid of crutches, a stick, or the support of their wife, daughter, son, or servant, while others have to be carried there. Some years ago, in Philadelphia, there was an old Irishman who made a great many cures of rheumatism by the following process:— "Make a poultice of strong mustard, mixed with garlic, vinegar, and a few crumbs of bread or meal. Go to bed, have plenty of clothes placed over you to induce perspiration, and have this poultice placed, about a quarter of an inch thick, close to the hollow of your feet (the cloth between your feet and the skin); keep it on for ten or fifteen hours, then take off the poultice, and the cure is complete. "This is a simple cure, and if it does not benefit, it can do no injury. Several gentlemen at Philadelphia have informed me that they were cured by the process I have just described, among others, Mr. Knight, hardware merchant, who resides in Germantown; Mr. Taylor, of the firm of Taylor & Harbert, Mr. Granville Stokes, merchant tailor, in Chestnut Street above Sixth, was also cured by a similar process, after being confined to his bed for weeks. It is a remedy that can do no injury to the constitution, very simple, easily prepared, and quick in its effects. "I met at the Springs Mr. William Boswell, a gentleman of Louisville, Kentucky, who has kindly furnished me with the following receipt, which he used under the following circumstances. He was afflicted with rheumatism for years—a cripple, in fact. He had the best medical advice, visited pretty much all the springs in the country, North and South, but received no benefit whatever. Luckily he met with a celebrated Paris physician, who gave him the following receipt, which effected an entire cure. It has been years since he has had an attack. He is now as hearty a gentleman as you would meet in a day's walk. "Get one ounce of the Iodide of Potassa, put it in a quart bottle of soft water, and take for a dose two-thirds of a common-sized spoon whicelike three times a day, a half hour before meals. Avoid strong drink and gross diet. Should the glands of your neck get sore, you must reduce the dose. You must take regular food, and take four bottles of the medicine before you stop, and then quit for two weeks. Then take two bottles more, which will, in all probability, complete the cure. You must keep your bowels open. "I would advise all rheumatism to try the result of this, and if it fails to effect a cure, then to try the receipt which cured Mr. Boswell, of Louisville, Kentucky, a gentleman well known and highly respected in that city."

CREW LIST OF VESSELS SAILED.

Bark Cicero, Capt. Edward Pennington, sailed from this port May 9th, 1874, for the Atlantic Ocean. The following persons compose her crew: William H. Heath, of New Bedford, first mate; Jeremiah Bumpus, of Rochester, second mate; Joseph Klug, of New Bedford, third mate; Joseph Antonio Damer, of do., fourth mate; Thomas Metcalf, New York, cooper; Joe Silva, New Bedford, John Dougherty, do., Antonio Pator, do., and Joe Stephens, boatsteerers; James E. Weaver, New Bedford, steward; Joseph Rose, do., cook; Jose Antonio Silva, do., Manuel Pedro, do., Manuel Encos, do., Albert Young, do., Quintlan De Barrow, do., Joekin DeBarrow, do., Joseo Thiago Gomes, do., Lechandro Goncalves, do., Francisco Vearn, do., Willie Jenney, Fairhaven, Abiel W. Reed, Westport, Joseph Petrov, Bravo, Sulbin Ahoib, do., Joe Lombard, do., Kitlan Duari, do., and Frederick W. Papenbaum, New York, seaman.

DIETARY.

Eat all that the appetite craves, such as eggs, fruit, vegetables, and a glass of egg-cream, or a glass of milk. Avoid all rich food. Eat only what is necessary to keep the system in good order. Eat only what is necessary to keep the system in good order. Eat only what is necessary to keep the system in good order.

THE USE OF BORAX IN WASHING.

In Belgium and Holland linen is prepared beautifully, because the washerwomen use refined borax, instead of soda, as a washing powder. One large handful of borax is used to every ten gallons of boiling water, and the saving in soap is said to be one-half. For laces and cambrics an extra quantity is used. Borax does not injure the linen, and it softens the hardest water. A teaspoonful of borax added to an ordinary sized kettle of hard water, in which it is allowed to boil, will effectually soften the water.

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